

Post-Operative Instructions: Root Canal

Root canal therapy is performed to remove infection and relieve pain. Proper care after your procedure will help ensure comfort and successful healing.

After Your Appointment

- It is normal for the treated tooth and surrounding area to feel **tender or sore** for several days.
- Mild swelling or sensitivity to biting may occur.
- Take prescribed or recommended pain medication as directed.

Eating & Chewing

- Do not chew on the treated tooth until it has been permanently restored (crown or filling).
- Avoid hard, sticky, or crunchy foods on that side of your mouth.
- Eat soft foods until tenderness improves.

Temporary Filling or Crown

- If a temporary filling or crown was placed:
 - Avoid chewing gum or sticky foods.
 - If it becomes loose or falls out, contact our office promptly.
- A permanent restoration is important to protect the tooth and prevent fracture.

Oral Hygiene

- Continue normal brushing and flossing, being gentle around the treated area.
- Keeping the area clean helps promote healing and prevent further infection.

Pain & Sensitivity

- Discomfort usually improves over a few days.
- Sensitivity when biting is common and should gradually decrease.
- Contact our office if pain worsens or does not improve after several days.

Medications

- Take all prescribed medications as directed.
- Complete any prescribed antibiotics unless instructed otherwise.
- Avoid alcohol while taking prescription pain medication.

Activity

- Normal daily activities may be resumed as tolerated.
- Avoid excessive pressure on the treated tooth until fully restored.

Call Our Office If You Experience:

- Severe or increasing pain
- Swelling that worsens or does not improve
- Fever over 101°F
- A cracked or broken tooth
- Loss of a temporary filling or crown

If you have any concerns, please call King & Miles Family Dentistry at 812-473-1128.

Your comfort and long-term oral health are important to us. Thank you for trusting us with your care.